

International Symposium: Ayurveda Expo 2011

16th -17th July 2011, BMICH, Colombo, Sri Lanka

Day One - 2011.07.16 from 08.30 am to 05.30 pm

08.30 - 09.00 am

Registration

09.00 - 09.40 am

Keynote Address

Ayurveda Genomics, Prakriti and Scientific Exposition of Customized Medicine,
Prof. Bhushan Keshav Patwardhan,
Vice Chancellor, Symbiosis International University, Pune, India

Session I: Ayurveda for Chronic Diseases: Ecotoxicity and Chronic Kidney Disease (CKD)

Chairperson:

Prof. Janitha Liyanage

Director, GWAI, University of Kelaniya, Sri Lanka

09.40- 10.10

Guest Speech I:

Managing NCDs by Ayurveda Treatments with special reference to *Panchakarma*
Prof. Ajay Kumar Sharma, Director, National Institute of Ayurveda, Jaipur, India

10.10 -10.30

Tea

10.30 -11.00

Guest Speech II:

Chronic Kidney Disease: A medical aspect

Dr Tilak Abeysekara, Consultant Nephrologist , General Hospital, Kandy, Sri Lanka

Theme Presentations

11.00 - 11.15

Aetiopathogenesis of Chronic Kidney Diseases: An Ayurvedic perspective

Dr. Chandrasiri Weliwita, Senior Lecturer, Department of Nidana, GWAI, University of Kelaniya, Sri Lanka

11.15 - 11.30

Endemic Nephropathy in NCP in Sri Lanka: Epidemiological Aspects

Dr N. Janakan, National Consultant, WHO County Office, Sri Lanka

11.30 - 11.45

The Role of Chinese Medicine in CKD

Prof. Guoxia Li, Senior Lecturer, Department of TCM, Tianjin Medical University, China

11.45 - 12.00

Ecotoxicity and Chronic Diseases: An Ayurvedic Perspective

Dr Indrajith Somarathne, Senior Lecturer, Department of Kaya Chikitsa, IIM, University of Colombo, Sri Lanka

12.00 - 12.15

Ecotoxicity, Heavy Metal Poisoning in Human Health

Dr. Channa Jayasumana, Senior Lecturer, Department of Pharmacology, Faculty of Medicine and Allied Sciences, Rajarata University of Sri Lanka.

12.15 - 12.30

Concept of '*Aama*' in Ayurveda related to Pathogenesis of chronic Diseases

Dr Wasantha Janakie Wickramarachchi , Senior Lecturer, Department of Kaaya Chikitsa, GWAI, University of Kelaniya, Sri Lanka

12.30 - 12.45

Discussion

12.45 - 13.00

Concluding remarks by Chairperson

Prof. Janitha Liyanage, Director, GWAI, University of Kelaniya, Sri Lanka

13.00 - 14.00

Lunch

Session II: Cultural Perspective of Medicine: Body-mind and spiritual Medicine

Chairperson:

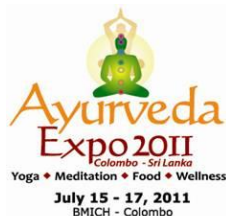
Dr. Jayaprakash Narayana

Vice President, Central Council of Indian Medicine, India

- 14.00- 14.30 **Guest Speech I:**
Social Network and Ayurvedic Psychotherapy: Reference to *Vippassana* Meditation
Dr Hiroo Komine, Senior Ayurvedic Medical Officer, Hatai Clinic, Tokyo, Japan
- 14.30 -15.00 **Guest Speech II:**
Recent Advancements in Spiritual Dimension of Psychotherapy and Body-mind Medicine
Prof. D.S. Ranawaka
Former Professor, Department of Educational Psychology, University of Colombo, Sri Lanka

Theme Presentations

- 15.00 -15.15 Effect of mantras on human brain: A study using Magnetic Resonance Spectroscopy
Prof. Rama Jayasundar, Scientist, NMR Department, All India Institute of Medical Sciences, New Delhi, India
- 15.15 - 15.30 Cultural Perspective of Health belief System and Healing
Dr Yasanjali Jayathilake, Senior Lecturer, Department of Sociology and Anthropology, University of Sri Jayawardhanapura, Sri Lanka
- 15.30 - 15.50 Tea
- 15.50 - 16.05 Ayurveda Elements in Buddhist Literature: A Psychosomatic Approach
Dr J. Sayakkara, Former Director, Senior Lecturer, IIM, University of Colombo, Sri Lanka
- 16.05 - 16.20 Importance of Character Modification with Reference to Buddhist Teachings on Mental Health
Dr P. Witharana, Senior Lecturer, Department of Swasthavritta, GWAI, University of Kelaniya, Sri Lanka
- 16.20 - 16.35 Cross-cultural aspect of Psychological Counseling: Unani Approach
Dr Amina Arther, Director, Indian Foundation For Rediscovering Traditional Knowledge, Bangalore, India
- 16.35 - 16.50 Spiritual Medicine in Siddha System
Dr Sivasubramaniam Sivakolunthu, District Indigenous Medical Coordinating Officer, District Ayurveda Hospital, Mannar, Sri Lanka
- 16.50 - 17.05 Spiritual Healing Practices in African Traditional Medicine
Mr. Hlupheka Chabalala, Director, Indigenous Knowledge Systems, Department of Science & Technology, South Africa
- 17.05 -17.15 Discussion
- 17.15- 17.30 Concluding remarks by Chairperson
Dr. Jayaprakash Narayana, Vice President, Central Council of Indian Medicine, India



Day Two - 2011.07.17 from 08.30 - 05.30 pm

08.30 - 09.00

Registration Updates for Certificates

09.00 - 09.40 am

Keynote Address

Biotechnology for Productivity and Quality of Chemical Properties in Medicinal Plants

Prof. Lindsey Keith,

Head, Department of Biotechnology, University of Durham, UK.

Session III: Patient-Oriented Approaches in Clinical Medicine and Pharmacoeconomics of TRM

Chairperson:

Dr Prasanna Rao

Principal, Superintendent & Dean SDM College of Ayurveda, Karnataka, India

- 09.40- 10.10 **Guest Speech I:** Minimum Invasive Parasurgical Procedures in Ayurveda
Dr Govind Reddy, Assistant Director, Central Council of Research in Ayurveda and Siddha, Mumbai, India
- 10.10 -10.30 Tea
- 10.30 -11.00 **Guest Speech II:** Non-linear Perspective of Health and Diseases in Ayurveda: A Systems Biology Approach
Prof. Rama Jayasundar, Scientist, NMR Department All India Institute of Medical Sciences, New Delhi, India

Theme Presentations

- 11.00 - 11.15 Management of Joint disorders by Ayurvedic medicine
Dr Shailesh Nadkarni, Honorary Professor, Ayurved Mahavidyalaya, Sion, Mumbai, India
- 11.15 - 11.30 Findings of efficacy of Papaya Leaf Juice on Dengue Patients
Dr Sanath Hettige, Course Coordinator, Family Medicine, Post Graduate Institute of Medicine, Sri Lanka
- 11.30 - 11.45 Effect of *Medhya Rasayana* on Age-associated Memory Impairment
Dr kanthi Kulatunga, Senior Lecturer, Department of Kaya Chikitsa, IIM, University of Colombo, Sri Lanka
- 11.45 - 12.00 Understanding Diseases through basic principles, for successful clinical management;
Thamakaswasa
Dr Senaka Pilapitiya, Senior Lecturer, Department of Medicine, Faculty of Medicine and Allied Sciences, Rajarata University of Sri Lanka
- 12.00 - 12.15 Type 2 diabetes, Environment and Evolution
Dr Rohona Dyrathne, Consultant Physician, Teaching Hospital, Batticloa, Sri Lanka
- 12.15 - 12.30 Diversity of *Rasa Kalpa* Preparations: A practice oriented approach
Dr Ketan M. Bhapkar, India
- 12.30 - 12.45 Discussion
- 12.45 - 13.00 Concluding remarks by Chairperson
Dr Prasanna Rao, Principal, Superintendent & Dean SDM College of Ayurveda, Karnataka, India
- 13.00 - 14.00 Lunch

Session IV: Safety, Efficacy and Quality: Scientific Validation of Ayurvedic Products

Chairperson:

Dr. Devdutta Bhadlikar

Principal & Dean, Dr D Y Patil Ayurved Medical College, Maharashtra, India

- 14.00- 14.30 **Guest Speech I:** Scientific Applications in Quality of Chinese Herbal Medicine
Prof. Gouxia Li, Professor Senior, Department of Traditional Medicine, Tianjin Medical University, China
- 14.30 -15.00 **Guest Speech II:** Clinical trial and systems biology platforms for assessing, evaluating claims for cures based on the use TRM and possible mechanisms of action/s of products.
Dr. Motlalepula Gilbert Matsabisa, Director of Indigenous Knowledge System of Medical Research Council of South Africa

Theme Presentations

- 15.00 -15.15 Possible adverse effects of some herbal medicines and other herbal products
Prof. Ira Thaabrew, Visiting Professor, Institute of Biochemistry, Molecular Biology and Biotechnology, University of Colombo, Sri Lanka
- 15.15 - 15.30 Integration of Analytical Techniques for Advancement of Ayurveda Pharmaceutical industry in Sri Lanka
Dr Bandula Weerasuriya, Senior Lecturer, Department of Bhasajjya Kalpana, GWAI, University of Kelaniya, Sri Lanka
- 15.30 - 15.50 Tea
- 15.50 - 16.05 Detection of Adulterants in Herbals by Instrumental Methods
Dr Nagesh Sandu, Director, Sandu Research Foundation, Mumbai, India
- 16.05 - 16.20 Usage of TLC Finger Prints and UV Spectrophotometry in the Standardization of "Seetharama Watee" –An authentic Sri Lankan Formula
Dr Tissa Hewawitharana, Senior Lecturer, Department of Dravyaguna Vignana, GWAI, University of Kelaniya, Sri Lanka
- 16.20 - 16.35 Application of Herbal Natural Products as Functional Foods and Nutraceuticals
Dr Pathirage Kamal Perera, Senior Lecturer, Department of Dravyaguna Vignana, IIM, University of Colombo, Sri Lanka
- 16.35 - 16.50 Discussion
- 16.50 - 17.05 Concluding remarks by Chairperson
Dr. Devdutta Bhadlikar, Principal & Dean, Dr D Y Patil Ayurved Medical College, Maharashtra, India
- 17.05 -17.20 Participants' Feedback
- 17.20- 17.30 Closing up Declaration

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